

	MON			TUE			WED			THU			FRI			SAT			SUN																			
	SWIM LANE	MIDDLE LANE	RIGHT LANE	SWIM LANE	MIDDLE LANE	RIGHT LANE	SWIM LANE	MIDDLE LANE	RIGHT LANE	SWIM LANE	MIDDLE LANE	RIGHT LANE	SWIM LANE	MIDDLE LANE	RIGHT LANE	SWIM LANE	MIDDLE LANE	RIGHT LANE	SWIM LANE	MIDDLE LANE	RIGHT LANE																	
06:30	LANE SWIMMING (14+) (06:30-09:00)			SWIM FIT (6:30-07:05)	LANE SWIMMING (14+)		LANE SWIMMING (14+) (06:30-09:00)			SWIM FIT (6:30-07:05)	LANE SWIMMING (14+)		LANE SWIMMING (14+) (06:30-09:00)			CLUB CLOSED			CLUB CLOSED			06:30																
06:45				06:45																																		
07:00				07:00																																		
07:15				07:15																																		
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08:30	LANE SWIMMING (14+) (07:05-09:00)			LANE SWIMMING (14+)		LANE SWIMMING (14+) (07:05-09:00)			LANE SWIMMING (14+)		LANE SWIMMING (14+) (07:05-09:00)			LANE SWIMMING (14+)			LANE SWIMMING (14+)			08:30																		
08:45				08:45																																		
09:00				Lane Swimming (14+)	OPEN SWIM				Lane Swimming (14+)	AQUA with Tracey										Lane Swimming (14+)	OPEN SWIM (09:00-10:00)	LANE SWIMMING (14+) (09:00-12:30)			Lane Swimming (14+)	OPEN SWIM (Wide Middle Lane)	PRIVATE LESSONS (Narrow Lane)	Lane Swimming (14+)	OPEN SWIM (Wide Middle Lane)	PRIVATE LESSONS (Narrow Lane)	09:00							
09:15				Lane Swimming (14+)	AQUA with Tracey (10:00-10:45)				DEEP-WATER AQUA with Arthur (Shallow End Open, 14+)	Lane Swimming (14+)										OPEN SWIM	DEEP-WATER AQUA with Arthur (Shallow End Open, 14+)							Lane Swimming (14+)	OPEN SWIM	Lane Swimming (14+)	OPEN SWIM (9:00-12:30)	Lane Swimming (14+)	OPEN SWIM (Wide Middle Lane)	PRIVATE LESSONS (Narrow Lane)	Lane Swimming (14+)	OPEN SWIM (Wide Middle Lane)	PRIVATE LESSONS (Narrow Lane)	09:15
09:30																																						09:30
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11:00	CHILDREN'S INTENSIVE SWIMMING LESSONS (First 5m of Pool) 25th July 1st August 8th August					CHILDREN'S INTENSIVE SWIMMING LESSONS (First 5m of Pool)		CHILDREN'S INTENSIVE SWIMMING LESSONS (First 5m of Pool) 27th July 3rd August 10th August			CHILDREN'S INTENSIVE SWIMMING LESSONS (First 5m of Pool)		CHILDREN'S INTENSIVE SWIMMING LESSONS (First 5m of Pool) 28th July 4th August 11th August			Lane Swimming (14+)	AQUA with Tracey (12:30-13:15)	Lane Swimming (14+)	OPEN SWIM (Wide Middle Lane)			PRIVATE LESSONS (Narrow Lane)	11:00															
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13:00	Lane Swimming (14+)	OPEN SWIM	Lane Swimming (14+)	OPEN SWIM	Lane Swimming (14+)	OPEN SWIM	Lane Swimming (14+)	OPEN SWIM	Lane Swimming (14+)	OPEN SWIM	KIDS CAMP 14:00-15:30 (First 5m of the pool, rest of the pool as normal)			OPEN SWIM (First 5m = Kids Pool Party)			OPEN SWIM (First 5m = Kids Pool Party)			13:00																		
13:15	13:15																																					
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13:45	13:45																																					
14:00	KIDS CAMP 14:00-15:30 (First 5m of the pool, rest of the pool as normal)			KIDS CAMP 14:00-15:30 (First 5m of the pool, rest of the pool as normal)		KIDS CAMP 14:00-15:30 (First 5m of the pool, rest of the pool as normal)			KIDS CAMP 14:00-15:30 (First 5m of the pool, rest of the pool as normal)											KIDS CAMP 14:00-15:30 (First 5m of the pool, rest of the pool as normal)			KIDS CAMP 14:00-15:30 (First 5m of the pool, rest of the pool as normal)			KIDS CAMP 14:00-15:30 (First 5m of the pool, rest of the pool as normal)			14:00									
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16:00	Lane Swimming (14+)	OPEN SWIM (15:30-18:30)	Lane Swimming (14+)	OPEN SWIM	Lane Swimming (14+)	OPEN SWIM	Lane Swimming (14+)	OPEN SWIM	Lane Swimming (14+)	OPEN SWIM	KIDS CAMP 14:00-15:30 (First 5m of the pool, rest of the pool as normal)			OPEN SWIM (15:00-18:00)			OPEN SWIM (15:00-18:00)			16:00																		
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18:00	Lane Swimming (18+)	OPEN SWIM (18+) (18:30-22:00)	Lane Swimming (18+)	AQUA with Arthur (18:30-19:15)	Lane Swimming (18+)	AQUA with Sara (18:30-19:15)	Lane Swimming (18+)	AQUA with Arthur (18:30-19:15)	Lane Swimming (18+)	OPEN SWIM (14+) (18:30-20:00)	KIDS CAMP 14:00-15:30 (First 5m of the pool, rest of the pool as normal)			OPEN SWIM (14+) (18:00-20:00)			OPEN SWIM (14+) (18:45-20:00)			18:00																		
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19:45	19:45																																					
20:00	SWIM FIT (20:00-20:45)	OPEN SWIM (18+) (18:30-22:00)	Lane Swimming (18+)	Lane Swimming (18+)	Lane Swimming (18+)	Lane Swimming (18+)	Lane Swimming (18+)	Lane Swimming (18+)	Lane Swimming (18+)	OPEN SWIM (14+) (20:00-22:00)	KIDS CAMP 14:00-15:30 (First 5m of the pool, rest of the pool as normal)			CLUB CLOSED			CLUB CLOSED			20:00																		
20:15	20:15																																					
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21:00	Lane Swimming (18+)																			OPEN SWIM (18+) (19:15-22:00)	Lane Swimming (18+)	Lane Swimming (18+)	Lane Swimming (18+)	Lane Swimming (18+)	Lane Swimming (18+)	Lane Swimming (18+)	Lane Swimming (18+)	Open Swim (18+) (19:15-22:00)	KIDS CAMP 14:00-15:30 (First 5m of the pool, rest of the pool as normal)			CLUB CLOSED			CLUB CLOSED			20:45
21:15	21:15																																					
21:30	21:30																																					
21:45	21:45																																					
Chill Out Time	Chill Out Time	Chill Out Time	Chill Out Time	Chill Out Time	Chill Out Time	Chill Out Time	Chill Out Time	Chill Out Time	Chill Out Time	Chill Out Time	KIDS CAMP 14:00-15:30 (First 5m of the pool, rest of the pool as normal)			CLUB CLOSED			CLUB CLOSED																					21:00
21:15	21:15																																					
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