

POOL TIMETABLE

FROM 5TH JANUARY 2022

JUNIORS 14-17 & ESHER COLLEGE STUDENTS

Pool access from **06:30** (Monday-Friday)

Monday to Thursday, must **check-in by 17:30**, and be out the pool by **18:45**

Normal closing hours apply Friday (**22:00**), Saturday & Sunday (**20:00**)

Includes access to the sauna and jacuzzi

JUNIORS UNDER 14

Must be accompanied by an adult in the water (unless **Super Swimmer**)

Access to the pool from **09:00** every day, with a **last check-in time of**

17:30, and be out the pool by **18:30 (18:00 on Sundays)**

There is no Pool or Changing Room access during Aqua classes

There is strictly no access to sauna or jacuzzi at any time

SUPER SWIMMERS

Juniors aged between 10 & 13 years can take our **Super Swimmer test**.

Once qualified, Super Swimmers may use the Pool without adult supervision
(**parents must still be on-site**).

If successful, we will need a passport photo for their Super Swimmer card.
For further details or to book a slot, please speak to Reception. T&Cs apply.



POOL OPENING TIMES

MONDAY TO FRIDAY | 06:30-22:00*

SATURDAY & SUNDAY | 08:00-20:00*

SEE OVERLEAF FOR DETAILS REGARDING ACCESS TO THE POOL,
CHANGING ROOMS AND FACILITIES THROUGHOUT THE WEEK.

* Normal time restrictions according to membership subscription apply.

PLEASE NOTE:

The timetable will change during school holidays.
Please see our noticeboards or website for more details.

POOL ACTIVITIES

- Lane Swimming
- Open Swimming
- Aqua (+ Deep Water)
- Swim Fit
- Swim Squad
- Lessons

LESSONS

There are a wide range of lessons available, including:

- Parent & Child (6 months - 3 years)
- Junior Group Swimming Lessons
- Private Swimming Lessons (Adult or Junior)

Please see the Lessons or Pool Noticeboard for further details.

CHILL OUT TIME

On Wednesday & Friday evenings (20:00-22:00).

Join us for a relaxing swim, sauna, and dip in the Jacuzzi.
The music is perfect to unwind on a weekday.

UNDERSTANDING THE TIMETABLE:

Please note which lanes are available to each activity
Open Swim = lane, rehab and families allowed
Swim Lane = left-hand side of pool

Please note the timings for 14+ vs 18+ sessions

