

RUUDI CLARKE

ASSISTANT SQUASH & RACKETBALL COACH

I have been playing squash at Colets since I could walk and I have **represented the club in the Surrey Cup (adult team squash) since the age of 14**. Whilst at Heathside School, Weybridge, I **competed in the prestigious, England Squash National Schools Team Championships reaching the finals in both the U15 & U17 age groups**.

Alongside these squash achievements, I was also a **member of the Queens Park Rangers Football Club academy for a number of years**, pursuing a career in professional football. These experiences have provided me with an extensive knowledge of competing at a high level and understanding the player journey from beginner to elite.

Currently, I assist Neal on our adult and junior squash programme at the club. **I work with school and club junior players with the goal of encouraging young people to play and improve at squash**. In terms of adult provision, I provide individual and group coaching sessions covering: technical, physical and mental skills to adult players.

Every Friday from 18:30, I run club night which is an open session for all members to meet and get on court with other players. **I also join in, so it is your chance to take me on!**

You can also watch me play squash, as **I represent the Colets 1st team in the Surrey Cup (home matches - Wednesday evenings)** against not just the best players in Surrey, but arguably in the world as the league is populated with world ranked squash players.

Away from the squash court, I enjoy football, tennis and going fishing in Tobago!

A circular portrait of Ruudi Clarke, a young man with short dark hair and a goatee, smiling broadly. He is wearing a dark t-shirt.

QUALIFICATIONS:

LEVEL 1 & 2 ENGLAND SQUASH COACH
QUALIFIED ENGLAND SQUASH REFEREE

LEVEL 3 NVQ DIPLOMA IN ACHIEVING EXCELLENCE IN SPORTS PERFORMANCE
LEVEL 3 EXTENDED BTEC IN SPORTS PERFORMANCE - TRIPLE DISTINCTION
FIRST AID CERTIFIED || UK SAFEGUARDING AND DBS CERTIFIED

If you are interested in individual or group coaching, please contact me:

Email: **09rclarke2@gmail.com**
Phone: **07931 125575**