

# POOL TIMETABLE

FROM 6<sup>TH</sup> SEPTEMBER 2021

## JUNIORS 14-17 & ESHER COLLEGE STUDENTS

Pool access from **06:30** (Monday-Friday)

Monday to Thursday, must **check-in by 17:30**, and be out the pool by **18:45**

Normal closing hours apply Friday (**22:00**), Saturday & Sunday (**20:00**)

Includes access to the sauna and jacuzzi

## JUNIORS UNDER 14

Must be accompanied by an adult in the water (unless **Super Swimmer**)

Access to the pool from **09:00** every day, with a **last check-in time of**

**17:30**, and be out the pool by **18:30 (18:00 on Sundays)**

There is no Pool or Changing Room access during Aqua classes

There is strictly no access to sauna or jacuzzi at any time

## SUPER SWIMMERS

Juniors aged between 10 & 13 years can take our **Super Swimmer test**.  
Once qualified, Super Swimmers may use the Pool without adult supervision  
(**parents must still be on-site**).

If successful, we will need a passport photo for their Super Swimmer card.  
For further details or to book a slot, please speak to Reception. T&Cs apply.

## POOL OPENING TIMES

**MONDAY TO FRIDAY | 06:30-22:00\***

**SATURDAY & SUNDAY | 08:00-20:00\***

NO ACCESS TO POOL, SAUNA, SPA OR CHANGING  
DURING T.D.I.S. LESSONS OR GROUP SWIMMING LESSONS  
(MONDAY & WEDNESDAY) - SEE POSTERS FOR MORE DETAILS

\* Normal time restrictions according to membership subscription apply.



ST NICHOLAS ROAD | THAMES DITTON | KT7 0PW  
INFO@COLETS.CO.UK • 020 8398 7108 • COLETS.CO.UK

### PLEASE NOTE:

The timetable will change during school holidays.  
Please see our noticeboards or website for more details.

## POOL ACTIVITIES

### LESSONS

There are a wide range of lessons available, including:

- **Parent & Child (6 months - 3 years)**
- **Junior Group Swimming Lessons**
- **Adult Group Swimming Lessons**
- **Private Swimming Lessons (Adult or Junior)**

Please see the Lessons or Pool Noticeboard for further details.

### CHILL OUT TIME

**On Wednesday & Friday evenings (20:00-22:00).**

Join us for a relaxing swim, sauna, and dip in the Jacuzzi.  
The music is perfect to unwind on a weekday.

# FROM MONDAY 6<sup>TH</sup> SEPTEMBER 2021

	TIME	ACTIVITY // CLASS	SWIM LANE	GENERAL LANES
MON	10:00-10:45	AQUA	25m Lane (14+)	Aqua Class Only - No Swimming
	12:05-12:45	ADULT SWIMMING LESSONS	No Lane Available	25m Lane (14+)
	13:00-14:00	GROUP SWIMMING LESSONS	25m Lane (14+)	20m Lane (First 5m Roped Off)
	15:00-15:30	NURSERY SWIMMING LESSONS	POOL CLOSED	POOL CLOSED
	15:30-18:00	GROUP SWIMMING LESSONS	POOL CLOSED	POOL CLOSED
	18:30-19:15	AQUA	25m Lane (Adults Only)	Aqua Class Only - No Swimming
	20:00-20:45	SWIM FIT	No Lane Available	25m Lane (Adults Only)
	20:50-21:30	ADULT SWIMMING LESSONS	No Lane Available	25m Lane (Adults Only)
TUE	06:30-07:05	SWIM FIT	No Lane Available	25m Lane (14+)
	10:00-10:45	DEEP WATER AQUA	Shallow End ONLY; no Lane Swimming available.	
	18:30-19:15	AQUA	25m Lane (Adults Only)	Aqua Class Only - No Swimming
WED	09:00-09:45	AQUA	25m Lane (14+)	Aqua Class Only - No Swimming
	15:00-15:30	NURSERY SWIMMING LESSONS	POOL CLOSED	POOL CLOSED
	15:30-18:00	GROUP SWIMMING LESSONS	POOL CLOSED	POOL CLOSED
	20:00-22:00	CHILL OUT EVENING	25m Lane (Adults Only)	25m Lane (Adults Only)
THU	06:30-07:05	SWIM FIT	No Swimming	25m Lane (14+)
	10:00-10:45	DEEP WATER AQUA	Shallow End ONLY; no swim lane available.	
	11:00-12:00	PARENT & CHILD LESSONS	20m Lane (14+)	20m Lane (14+)
	18:30-19:15	AQUA	25m Lane (Adults Only)	Aqua Class Only - No Swimming
FRI	09:00-11:30	T.D.I.S. LESSONS	POOL CLOSED	POOL CLOSED
	12:30-13:15	AQUA	25m Lane (14+)	Aqua Class Only - No Swimming
	17:00-18:00	SWIM SQUAD	No Lane Available	25m Lane
	20:00-22:00	CHILL OUT	25m Lane (14+)	25m Lane
SAT	14:00-16:00	CHECK AT RECEPTION FOR KIDS' PARTY HIRE - IF BOOKED, THERE WILL BE A 20M LANE		
SUN	14:00-16:00	CHECK AT RECEPTION FOR KIDS' PARTY HIRE - IF BOOKED, THERE WILL BE A 20M LANE		
	18:00-18:45	AQUA	25m Lane (14+)	Aqua Class Only - No Swimming

This is our timetable of weekly Pool activities. Please use this to choose the most appropriate time for you to swim. Opening times and access times are overleaf.

**PLEASE NOTE:** there is no access to the pool, sauna, or either wet changing room on Friday mornings due to Thames Ditton Infant School lessons.

**ALSO:** Private Swim Lessons may take place in the general lanes throughout the week.

