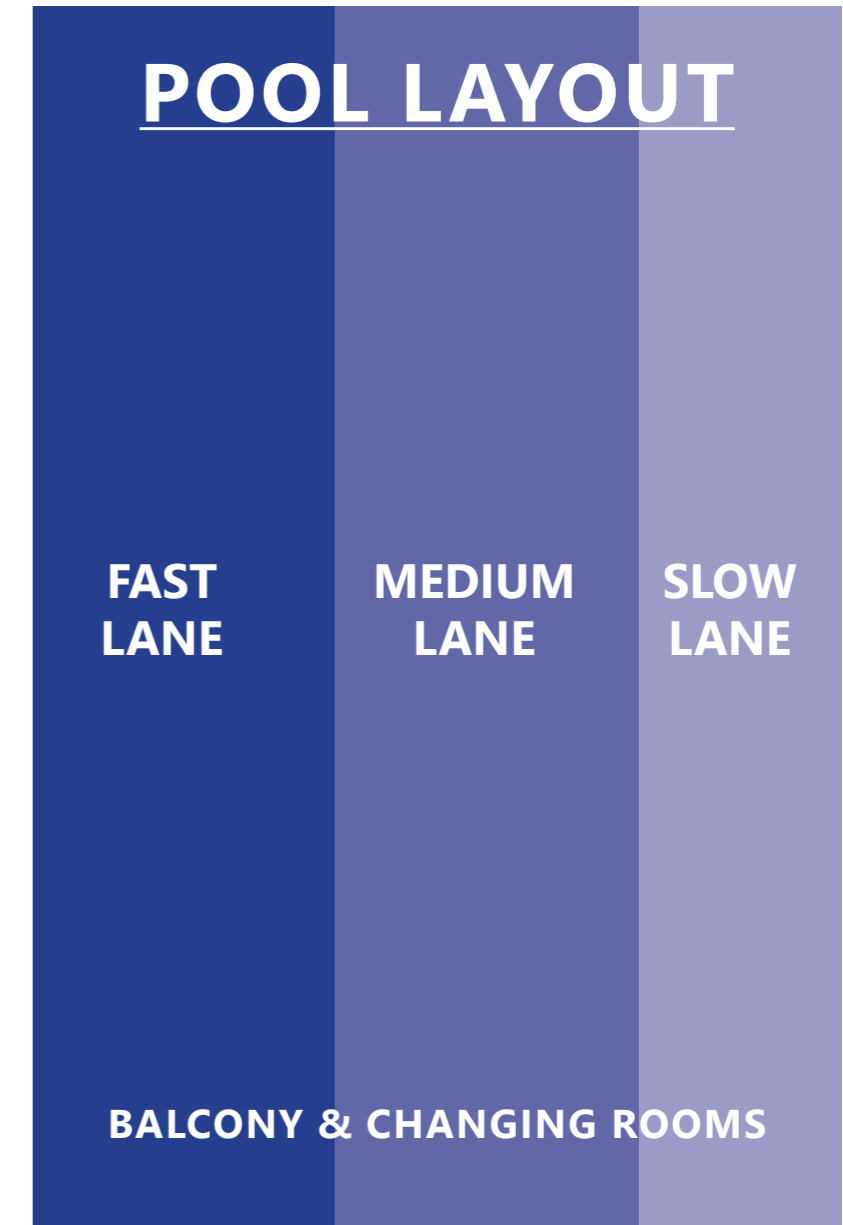


POOL TIMETABLE

	TIME	PRIMARY ACTIVITY	SECONDARY ACTIVITY
MONDAY	07:00-10:00	LANE SWIMMING (14+)	
	10:00-11:00	AQUA (TRACEY)	
	11:00-12:00	LANE SWIMMING (14+)	
	12:00-13:00	FAMILY SWIM	
	13:00-15:00	LANE SWIMMING (14+)	
	15:00-17:00	SWIMMING LESSONS	FAMILY SWIM
	17:00-18:00	SWIMMING LESSONS	SWIM SQUAD
	18:00-19:00	LANE SWIMMING	
	19:00-20:00	AQUA (MARA)	
TUESDAY	07:00-08:00	LANE SWIMMING (14+)	SWIM FIT (CHRIS)
	08:00-10:00	LANE SWIMMING (14+)	
	10:00-11:00	DEEP WATER AQUA (ARTHUR)	
	11:00-12:00	LANE SWIMMING (14+)	
	12:00-13:00	FAMILY SWIM	
	13:00-15:00	LANE SWIMMING (14+)	
	15:00-16:00	LANE SWIMMING (14+)	PRIVATE LESSONS
	16:00-18:00	FAMILY SWIM	PRIVATE LESSONS
	18:00-19:00	AQUA (ARTHUR)	
19:00-20:00	LANE SWIMMING		
WEDNESDAY	07:00-10:00	LANE SWIMMING (14+)	
	10:00-11:00	AQUA (TRACEY)	
	11:00-12:00	LANE SWIMMING (14+)	
	12:00-13:00	FAMILY SWIM	
	13:00-15:00	LANE SWIMMING (14+)	
	15:00-17:00	SWIMMING LESSONS	FAMILY SWIM
	17:00-18:00	SWIMMING LESSONS	SWIM SQUAD
	18:00-19:00	DEEP WATER AQUA (MARIYA)	
	19:00-20:00	LANE SWIMMING	

	TIME	PRIMARY ACTIVITY	SECONDARY ACTIVITY
THURSDAY	07:00-08:00	LANE SWIMMING (14+)	SWIM FIT (CHRIS)
	08:00-10:00	LANE SWIMMING (14+)	
	10:00-11:00	DEEP WATER AQUA (ARTHUR)	
	11:00-12:00	LANE SWIMMING (14+)	
	12:00-13:00	FAMILY SWIM	
	13:00-15:00	LANE SWIMMING (14+)	
	15:00-16:00	LANE SWIMMING (14+)	PRIVATE LESSONS
	16:00-18:00	FAMILY SWIM	PRIVATE LESSONS
	18:00-19:00	LANE SWIMMING	
19:00-20:00	AQUA (ARTHUR)		
FRIDAY	07:00-10:00	LANE SWIMMING (14+)	
	10:00-11:00	AQUA (ARTHUR)	
	11:00-13:00	FAMILY SWIM	
	13:00-15:00	LANE SWIMMING (14+)	
	15:00-16:00	LANE SWIMMING (14+)	PRIVATE LESSONS
	16:00-18:00	FAMILY SWIM	PRIVATE LESSONS
	18:00-19:00	DEEP WATER AQUA (ARTHUR)	
	19:00-20:00	LANE SWIMMING (14+)	
	SATURDAY	08:00-09:00	LANE SWIMMING (14+)
09:00-10:00		LANE SWIMMING (14+)	PRIVATE LESSONS
10:00-12:00		FAMILY SWIM	PRIVATE LESSONS
12:00-13:00		LANE SWIMMING (14+)	PRIVATE LESSONS
13:00-15:00		FAMILY SWIM	
15:00-16:00		LANE SWIMMING (14+)	PRIVATE LESSONS
16:00-17:00		FAMILY SWIM	PRIVATE LESSONS
17:00-18:00		LANE SWIMMING (14+)	PRIVATE LESSONS
18:00-19:00		AQUA (ARTHUR)	
19:00-20:00	LANE SWIMMING (14+)		
SUNDAY	08:00-09:00	LANE SWIMMING (14+)	
	09:00-10:00	AQUA (MARA)	
	10:00-12:00	FAMILY SWIM	
	12:00-13:00	LANE SWIMMING (14+)	
	13:00-15:00	FAMILY SWIM	
	15:00-16:00	LANE SWIMMING (14+)	PRIVATE LESSONS
	16:00-17:00	FAMILY SWIM	PRIVATE LESSONS
	17:00-18:00	LANE SWIMMING (14+)	PRIVATE LESSONS
	18:00-19:00	AQUA (MARA)	
19:00-20:00	LANE SWIMMING (14+)		

FAMILY SWIM	SWIM SQUAD
LANE SWIM	SWIM FIT
AQUA	



Pre-book all visits to the Club
 Ensure you come 'beach-ready'
 Tables available on poolside for bags
 Shower available post-swim/aqua

